

SOPA NEWSLETTER EDITION 9

DEAR MEMBER,

PARKING PERMITS 22/23

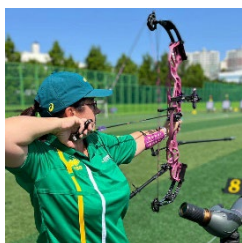
We have not received the parking permits for 22/23 financial year. Once we get them, we will let you know. Please continue to use your current permit until further notice.

NEW PO BOX ADDRESS

We have a new PO Box address
PO Box 524, Ermington, NSW 2115

GOOD LUCK TO OUR MEMBERS!

Best wishes to our club members that are off to the World Cup in Paris this week.



ARCHERY AUSTRALIA'S REGIONAL DEVELOPMENT PROGRAM

Archery Australia's Regional Development Program (AARDP) continues to grow in strength across the country with some 130 archers 🏹😊 If you want to be part of the program get in touch with [Peter Feeney](#) and submit your application form

Read more 🙌 <https://archery.org.au/regional-development-program.../>

2022 NATIONAL & STATE INDOOR CHAMPIONSHIP

2022 National and State Indoor Championships - Saturday 9th and Sunday 10th July

Coastal Archery

Horticultural Pavilion - Gosford Showground, Showground Rd Gosford NSW 2250

To enter [click here](#)

Or travel to Canberra

Tuggeranong Archery Club - 299 Soward Way, Greenway, ACT, 2900

[Click here](#) to enter

2022 NATIONAL TARGET CHAMPIONSHIP

Registrations are now open for the 2022 National Target Championships!

📍 Samford Valley Target Archers

📅 Thursday 29 September - Monday 3 October

Find out more 🙌 <https://archery.org.au/2022-national-target-championships/>

SOPA MATCHPLAY SERIES

Visit our website at [SOPA Matchplay Series 2022 - Sydney Olympic Park Archers \(sopa-archery.org.au\)](https://sopa-archery.org.au) for full details

This is a registered event with Archery Australia , Archery NSW and World Archery

DATE: SUNDAY 17 July 2022

Entries:

Entry is limited to Compound, Barebow and Recurve archers in the Open age group. Rounds shot will be:

Compound: WA 50/720

Recurve: WA 70/720

Barebow Recurve WABB 50/720

Full details and to enter [click here](#)

COACHING PROGRAMS

Visit our website for full details at [Coaching Programs - Sydney Olympic Park Archers \(sopa-archery.org.au\)](https://sopa-archery.org.au)

Alex King our Head Coach and Assistant Coach Laura Trezise are launching the following programs:

1. SOPA pathways coaching

This program will run fortnightly starting on Sunday 22nd May from 12-2pm and is open to all club members who are interested in coaching, including para archers, no matter the goal. Coaches will run through a structured session (Example: shot cycle/ mental focus in the shot cycle, prevention of common injuries, group size and centering) and also provide one on one guidance. The cost for each session will be \$20. Archers who are interested in competition at the state level and above can progress to the SOPA Development team, or SOPA compound team once they meet the requirements.

[Click here](#) to register

2. Seniors league + coaching

This program will run Tuesdays 10am-12pm from 3rd May and will involve varying competition rounds followed by an hour of coaching. This league is for members over 50 years of age of all bow types and will cost \$10 to enter each week. With four leagues a year the competition will be handicap based and will involve a prize at the end of each league.

[Click here](#) to register

3. All-female training session

The one-hour session will help build a supportive network of woman and girls within SOPA. Whether you're new to the club or have been shooting for years we encourage you to come to share your experiences and stories, plus make some new friends.

Depending on interest, we will also plan some female only coaching sessions or information sessions on female health in sport.

These sessions are free and are open to all bow type and ages. They'll be run weekly on a Sunday at 10am, when competitions aren't on. We'll see you there!

Please contact Laura at coaching@sopa-archery.org.au

EVENTS

Details can be found on Archery Australia website

at https://sitedesq.sportstg.com/calendar/index.cfm?fuseaction=Display_Archery_Aus_Calendar&OrgID=8150
and in Archers Diary

Upcoming events

16/7 - Hawkeye – Youth Clout Event and Youth BBQ at [Penrith City Archers](#) 🙌 <https://bit.ly/3xmszNT>

VOLUNTEERING

Our wonderful club would not operate without a team of dedicated volunteers.

We need more volunteers to help with club shoots, events, and maintenance. Please email me if you would like to help your club continue to be the best and biggest in NSW. In addition if you have any skills, you think would be useful for the team to know about whether its computer, woodwork, event management or anything else please let us know.

Special thanks to VT for all the wonderful photos he has taken.



CLUB RECORDS

Visit our website to view the records at

[Club Records - Sydney Olympic Park Archers \(sopa-archery.org.au\)](http://sopa-archery.org.au)

GOVERNANCE, CONSTITUTION AND POLICIES

Reminder were to find our clubs Rules, Governance, Constitution and Policies

Click here [Governance, Constitution and Policies - Sydney Olympic Park Archers \(sopa-archery.org.au\)](http://sopa-archery.org.au)

WANT TO CONTACT THE COMMITTEE?

Click here [Contact Us - Sydney Olympic Park Archers \(sopa-archery.org.au\)](http://sopa-archery.org.au)

For further information visit our website at [Home Page - Sydney Olympic Park Archers \(sopa-archery.org.au\)](http://sopa-archery.org.au)
and our Facebook page at [SOPA \(Sydney Olympic Park Archers\) | Facebook](#)

2022 ANSW SHORT DISTANCE CHAMPIONSHIPS RESULTS

Congratulation to our SOPA Members for an outstanding performance

Open Female Recurve – top 4 placing to SOPA!			
1st	Lavender, Kim	Open Female Barebow Recurve	
2nd	Oktrininda, Imalia	1st	Hole, Elizabeth
3rd	Treize, Laura	3rd	Wang, Chenying
4th	He, Shiyun		
Open Male Recurve		Open Female Compound	
1st	Boukouvalas, Peter	1st	Robinson, Katrina
11th	Pradhanang, Ajar	2nd	Lee, Ameera Christina
Open Male Compound		Open Female Longbow	
1st	Robinson, Garry	1st	Wright, Julia
2nd	Sun, Ken (Kai)		
3rd	Milne, Jonathon	Open Male Barebow Recurve	
4th	Campbell, Mitchell	3rd	Almario, Cirilo
10th	Nguyen, Viet Thai	5th	Hides, Leon
Cub Male Recurve			
1st	Yan, Jasper	20 & Under Male Recurve	
Intermediate Male Recurve		1st	Vasiliades, Giorgio
1st	Feng, Ethan		
Cadet Male Recurve		Master Female Recurve	
1st	Tse, Branden	1st	James, Saskia
20 & Under Female Recurve			
1st	Cheah, Chevyone	Master Male Recurve	
		2nd	Steiner, Marek
Veteran Male Recurve		3rd	Bester, Dawid
3rd	Hennessy, Michael	4th	Cheah, Steve
Cub Male Barebow Recurve		Veteran Male Barebow Recurve	
1st	Clark, Axel	1st	Broady, Raymond
		2nd	Sim, Norman
Cadet Male Barebow Recurve			
1st	Candra, Darren	Veteran Male Compound	
		1st	Marchant, Peter
Master Female Longbow		4th	Sudario, Felix
1st	Wright, Julia		
		Master Male Compound	
Veteran Female Compound		6th	Galluzzo, Giuseppe - Joe
2nd	Sim, Pearly		

See you at the range!